Bystander Intervention
for Student Organization Leaders and Members

Have you ever been in a situation where something just did not feel right, but you were not sure how to respond?

Read this short guide to better equip yourself to respond as potentially risky or harmful situations arise in your organization.

Bears That Care is an active bystander initiative to make our campus safer. The objective of BTC is to create a community of care wherein community members are able to recognize and intervene in situations that have the potential to be violent or harmful.

Bystander Intervention: A Step-by Step Guide

1. Recognize a situation as potentially harmful

2. Decide to act

3. Intervene effectively and safely; follow up as appropriate

Seems simple enough, right? The challenge is overcoming the bystander effect, which refers to the fact that many of us fail to take action even when we observe a potentially harmful situation.
Bears That Care has an easy way for you to remember strategies for taking action:

**C**onfront the Situation
**A**lert Others
**R**edirect Attention
**E**ngage Peers

As a student leader, you’re in a great position to role model helping behavior and help make Cal a safer and more inclusive community for everyone. Talk about the questions below with your org membership and consider signing up for a Bears That Care workshop facilitated by Peer Educators!

What personal values of yours align with choosing to take action in situations of potential harm?

What values do you hold as an organization and how are they related to preventing harm and violence?

How is choosing to be an active bystander related to creating a community of care?